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The Dr. Hippo Series

Good Parenting^{cm} Seal Honors the Dr. Hippo Book Series that entertain, educate and reassure both parent and child about common illnesses

Nutley, New Jersey. (July 14th, 2008). The Good Parenting^{cm} Seal from Parental Wisdom, a patented parenting website that recognizes parents as the real experts in knowing their children best, recognizes and awards the seal to ***The Little Elephant with the Big Earache, Sadie's Sore Throat, Katie Caught a Cold*** and ***Peeper Has a Fever***.

Sniffles, fevers, sore throats, earaches: these are all common occurrences for tens of millions of young children—especially if they are in day care or in school! And once they have these illnesses, the rest of the family often gets them, too.

The stories, geared for children ages 2-7, have animal protagonists who get sick and then recover with the help of their parents and a kindly hippopotamus pediatrician named Dr. Hippocrates (affectionately called Dr. Hippo by his patients). Dr. Cowan, a board certified pediatrician and parent of three children, understands that colds, fevers, sore throats and earaches cause families to worry. She writes to entertain, educate and comfort both parent and child.

In ***Katie Caught a Cold***, a young polar bear is worried she'll miss the Ice Show; in ***Peeper Has a Fever***, a young frog doesn't want to miss the Diving Contest; and in ***Sadie's Sore Throat***, a young giraffe doesn't want to miss the School Art Fair. In ***The Little Elephant with the Big Earache***, the first book in the series, Eddie is worried he will miss his birthday celebration.

"I hope these books reassure children (and their parents) while teaching them how to take of regularly occurring illnesses. I hope the stories also illustrate when parents should call or see the doctor," says Dr. Cowan, who trained and practiced for many years at Boston's Mass General Hospital for Children where she remains on staff.

Slipped into the back cover of each book is A Guide for Parents, written in question-and-answer format. Each 8-page laminated pamphlet includes Dr. Cowan's easy-to-understand advice, reflecting years of pediatric experience.

When a young child doesn't feel well, his parents worry about him and are often unsure how to help him feel better. All of the titles in the Dr. Hippo Series; \$17.95 each; www.drhippo.com by Charlotte Cowan, M.D. are a fun way to help both the child and parent feel better.

ABOUT THE AUTHOR

Dr. Charlotte Cowan is a board certified pediatrician. During her years of active practice at Boston's Mass General Hospital for Children, she was also a Clinical Instructor at Harvard Medical School.

While in college at Princeton University, Dr. Cowan majored in English and developed a love of creative writing. She is thrilled to combine her English and medical training by writing stories for children about the illnesses and issues that are so important to them. It is her hope to write a great many stories for both parent and child.

ABOUT THE GOOD PARENTING^{CM} SEAL

Evaluated by parents, the Seal is awarded to books and media that address parenting issues, and that are clear, helpful and actionable. The Seal exists to resolve the issue of parents with limited time and money to sort through the many thousand books, millions of websites and other media when researching advice on raising children. Parental Wisdom has been awarded the Good Parenting certification mark by the U.S. Patent office. For more information visit www.parentalwisdom.com

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