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**FOR IMMEDIATE RELEASE:**

**The next best thing to operating instructions for your kids!**

**Good Parenting Publishing proudly announces the publication of *Because Kids Don't Come With Manuals*® –  
*Contemporary Advice For Parents* by Tina Nocera**

Nutley, NJ, February 2006 - Good Parenting Publishing proudly announces the release of *Because Kids Don't Come With Manuals*® – *Contemporary Advice For Parents* By Tina Nocera, a recent Good Parenting publication, offers insightful advice on how to parent in today's world.

Think raising kids is child's play? Parenting today isn't as simple as it used to be. Kids have so many pressures and so many choices, that often a parent doesn't know what to do to help them succeed. How much discipline is enough and how much is too much? How do you encourage self-esteem? What's the best way to talk to a cranky toddler—or a sulky teen? *Because Kids Don't Come With Manuals*®: *Contemporary Advice For Parents* can show you how!

Whether you're thinking about having a child, pregnant, or already a parent of a toddler or a teen, this wise, witty manual is chock full of tips, resources, quotes, helpful summaries, great advice and lots of free gifts. Child rearing, says Nocera is a journey for both parent and child, much like a bus ride from infancy to adulthood, and if you remember that the parent is the driver, you won't stall, and you'll both enjoy the ride.

Parenting in today's society is truly an art, and now, thanks to Nocera, raising happy and independent kids can be child's play!

#### **About the Author**

Armed with a technology background, Tina Nocera questioned the premise that kids don't come with manuals, and created [www.parentalwisdom.com](http://www.parentalwisdom.com) a proprietary database and website that recognizes parents as the real experts in knowing their own children best. Tina was awarded 2 U.S. Patents in child development. She also created and served as Editor-in-Chief of *Viewpoints on Parenting*, a national publication for Toys "R" Us, which reached millions of families annually. Tina lives in Nutley, NJ with her husband Mike, and children Michael and Noelle.

For more information, or for a free review copy, please contact Tina Nocera at [tina@parentalwisdom.com](mailto:tina@parentalwisdom.com)

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