

## IMMEDIATE RELEASE



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### ***I'm Going to be a Big Brother!*** ***I'm Going to be a Big Sister!*** ***Transitioning Your Older Child***

Nutley, New Jersey. (April 1, 2007). The Good Parenting Seal from Parental Wisdom, a patented parenting website that recognizes parents as the real experts in knowing their children best, recognizes and awards the seal to ***I'm Going to be a Big Brother*** and ***I'm Going to be a Big Sister*** by Brenda Bercun, MSN.

Nurturing Your Children Press offers two colorfully illustrated children's books for parents eager for information and tools that will assist them in supporting their older child as they become a big brother or big sister. These storybooks address the preparation of an older child for the birth of a sibling and explain what it truly means to be a big brother or big sister.

Included in these informative children's books are:

- A letter to the parents on how to best use this book
- An original, delightful musical CD that supports the message of the story
- A list of supportive, informative *Tips for Parents*

#### ABOUT THE AUTHOR

Brenda Bercun has the ideal background to walk parents and children through the expansion and transition of their family. As a Pediatric Nurse Practitioner and a Clinical Nurse Specialist in Child and Family Mental Health, Brenda has nearly 30 years of extensive professional experience working with parents and children, in addition to her 18 years of experience as a mom of two. Brenda's professional mission is creating strong, functioning families of all types. She understands and supports the principle that healthy families create the growth of a sound community and society.

#### ABOUT THE GOOD PARENTING<sup>CM</sup> SEAL

Evaluated by parents, the Seal is awarded to books and media that address parenting issues, and are found to be clear, helpful and actionable. The Seal exists to resolve the issue of parents with limited time and money to sort through the over thirty thousand books, millions of websites and other media when researching advice on raising children. Parental Wisdom has been awarded the Good Parenting certification mark by the U.S. Patent office. For more information visit [www.parentalwisdom.com](http://www.parentalwisdom.com) and click on the Good Parenting<sup>cm</sup> Seal.

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