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## **TALKING TEEN-SPEAK TO TEENS ABOUT LIFE FROM THEIR PERSPECTIVE**

*Good Parenting Seal honors book written for teens  
about how to think for themselves and get through tough years*

Nutley, New Jersey. (July 17, 2006). The Good Parenting Seal from Parental Wisdom, a patented parenting website that recognizes parents as the real experts in knowing their children best, recognizes and awards the seal to **The Teen Survival Guide to Dating and Relating** (Free Spirit Publishing) by Annie Fox, M.Ed. Based on hundreds of actual emails from teenagers all over the world, **The Teen Survival Guide to Dating and Relating** is the ultimate guide to building strong, healthy relationships with friends and enemies; boyfriends, girlfriends, and wannabes; and everyone in-between—even parents.

Fueled by raging hormones, and expected to make the giant leap from gawky kid to responsible adult in a mere six years, teens aren't superheroes, but they face tricky situations and tough decisions every day. **The Teen Survival Guide to Dating and Relating** is written exclusively for teens in a language they can relate too. A handy "insider's guide" for parents and caring adults, It encourages young people to fine-tune their "inner voice" to better make decisions that are honest and right for them. The book emphasizes the importance of developing good communication skills and includes a "conflict resolution tool kit" useful in peer and school situations, as well as a section on family meetings.

Of course, one of the most alluring (and confusing) aspects of the teenage years is the pursuit of romantic relationships. Some teens have it, others want it, and still others just don't "get" what it's all about. From "going with" to "going out" to "going all the way," **The Teen Survival Guide to Dating and Relating** explains the many facets of romantic relationships—from both boy and girl perspectives.

With its irresistible positive explorations of all things teen, **The Teen Survival Guide to Dating and Relating** is the right book to help young men and women through these tumultuous years. **The Teen Survival Guide to Dating and Relating** is available online at [www.freespirit.com](http://www.freespirit.com) for \$15.95.

### **About the Authors**

Annie Fox, M.Ed., is a mother of two, educator, writer, software and Web designer as well as founder of award-winning site The InSite ([www.TheInSite.org](http://www.TheInSite.org)), a place for teens to turn their world around. She has served as creator, designer, writer, and executive producer of that award-winning site. Since 1997 she has been known as "Hey Terra!" an online advisor who doles out frank yet positive advice to teens and tweens searching for answers to questions about friends, family, and, like, life. Annie is also the co-author of **Too Stressed to Think? A teen guide for staying sane when life makes you CRAZY**. Annie can be reached at [www.anniefox.com](http://www.anniefox.com).

### **About the Good Parenting<sup>cm</sup> Seal**

Evaluated by parents, the Seal is awarded to books and media that address parenting issues, and are found to be clear, helpful and actionable. The Seal exists to resolve the issue of parents with limited time and money to sort through the over thirty thousand books, millions of websites and other media when researching advice on raising children. Parental Wisdom has been awarded the Good Parenting certification mark by the U.S. Patent office. For more information visit [www.parentalwisdom.com](http://www.parentalwisdom.com) and click on the Good Parenting<sup>cm</sup> Seal.

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